



# Monte Sant' Angelo Mercy College



*Become More at Monte*

PROSPECTUS









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# Welcome from the Principal

At the heart of Monte Sant' Angelo Mercy College we believe in preparing young women for a life of significance, purpose and success. Monte has been educating and caring for young women for over 150 years and continues a tradition of excellence in Catholic education in the way of our founders, the Sisters of Mercy North Sydney.

Our Mercy values of Service, Human Dignity, Justice and Option for the Poor, guide our teaching and learning culture, encouraging our students to be critical thinkers, problem solvers and innovators. These values guide our teaching and learning and inform our student immersion programs and social justice initiatives.

The development of your daughter's individual potential is very important to us, and that is why we encourage self-belief, resilience, versatility and independence. Through a wide choice of academic subjects and a diverse co-curricular program your daughter will have rich opportunities to learn and thrive. We are committed to ensuring that all our students are supported, nurtured and valued as individuals.

Monte is an independent Catholic day school for girls in Years 7 to 12. We have a strong record of academic success and have been consistently one of the top 100 performing schools in NSW.

We believe in providing our students with the best possible opportunities in education. Whilst meeting all the requirements of the NSW curriculum, we also offer the International Baccalaureate for Years 7 to 12. The IB Middle Years Programme in Years 7 to 12 prepares students to learn collaboratively and think independently, skills that are vital for success in senior years. In Years 11 and 12, students can choose to study either the IB Diploma or the NSW Higher School Certificate.

Our world-class facilities are set amongst beautiful landscaped and historical grounds, in the heart of the North Sydney CBD. Facilities include state-of-the-art learning spaces and technologies, indoor Aquatics and Sports Centre and a dedicated Performing Arts spaces.

We appreciate that choosing the right school for your daughter is one of the most important decisions you will make and I invite you to experience the warmth of our College and Mercy community for yourself.



**Mrs Nicole Christensen**





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*Our Mercy education seeks to relentlessly challenge our girls to think and to experience a knowledge and an understanding that is the impetus for societal change.*

*Mrs Nicole Christensen, College Principal*









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*Monte has played an integral role in shaping me into the woman I am today. The warm and nurturing environment has encouraged me to be who I am, with the Mercy values serving as a guiding star for my morals and my passion for helping others.*

***Maggie, Year 12 Student***



# Our Values

The Mercy tradition is based on the values and teachings of the Sisters of Mercy, founded by Catherine McAuley in Dublin, Ireland, in 1831. Inspired by compassion, service, and social justice, focusing on helping those in need and advocating for the marginalised, the College was founded in 1875 by Mother Ignatius McQuoin.

Our College is blessed to be the beneficiary of a rich legacy of social justice and advocacy established by the Sisters of Mercy North Sydney.

It is the cornerstone of a Monte education to inspire our girls to act with courage and compassion towards discerning action for justice; to live their lives with

humility and kindness, unequivocal about welcoming all people with respect.

Inspired by the charism of the Sisters of Mercy, the College educates young women in the Mercy tradition. This means the College is guided by the values of Mercy, Justice, Service, Human Dignity and Option for the Poor, which are integrated into all curricular and co-curricular activities.

Our Mercy values permeate all aspects of College life and inspire our young women to realise their personal sense of self, spirituality and social responsibility. To some, this dynamic championing may appear revolutionary, but for a Monte student, it is a way of life.

Our College is guided by the Mercy Values of:



**Mercy**

To be compassionate, to provide hospitality and to celebrate our traditions.



**Human Dignity**

To be respectful, to value diversity and to empower each other.



**Justice**

To work for the common good, to be responsible stewards and to be advocates.



**Option for the Poor**

To be aware of the poor, to make a commitment and to empower the poor.



**Service**

To foster education, to ensure equality and to address community needs.





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*The key values I received from my Monte education—such as consideration for others—have truly shaped my career path and inspired me to want to make a difference in the world.*

*Klara Kalocsay, Research Strategist (Class of 2007)*





Excellence in Teaching and Learning











# A Dual Program: HSC and IB

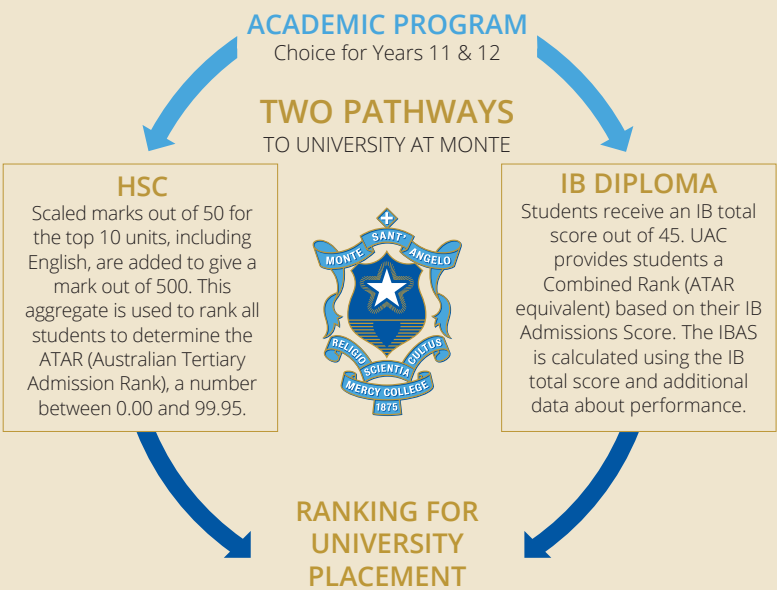
Monte Sant’ Angelo Mercy College provides an exceptional education tailored to the unique needs of girls, fostering an environment where each student is inspired to thrive academically, socially, and personally. With a commitment to learning, the College challenges every young woman to deepen her understanding, and build the confidence and skills needed to succeed in a rapidly evolving world. By nurturing a love for learning and empowering students to reach their full potential, the College prepares the next generation of women to lead, innovate, and contribute meaningfully to their communities.

We are proud to offer the International Baccalaureate (IB) Middle Years Programme in Years 7 to 10 as the framework to deliver the NSW curriculum, and both the Higher School Certificate (HSC) and the IB Diploma Programme as pathways to academic excellence in Years 11 and 12.

The approaches to learning include critical thinking, problem solving, public speaking, professional writing, teamwork, digital literacy, leadership, work ethic, career management and intercultural fluency.

## HSC or IB Diploma – what is the difference?

Both the HSC and the IB Diploma require students to commit to a significant workload and both courses of study require students to be willing to develop independent learning skills as well as effective time management and organisational skills. The choice between the HSC and the IB Diploma is made by students, taking into account their own learning styles and subject preferences. Resources at Monte are equitably shared by students in both programs.







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*Monte's tradition has connected me to the Sisters of  
Mercy and their legacy as pioneers of social justice. When  
you are educated within that tradition, you learn not  
for individual gain, but for the benefit of many.*

*Anjani Mane (Class of 2023)*

Timor-Leste Immersion





## Co-Curricular

All students are encouraged to take part in a diverse range of co-curricular activities such as music, debating, public speaking, sports, performing arts and Duke of Edinburgh's Award, and other opportunities, which enhance their leadership, resilience, wellbeing and teamwork skills for the future.

The College encourages a high level of participation as part of our "Sport for All" program.

Although sport is not compulsory at Monte, we have elite sport pathways and opportunities for participation that focus on being part of a team and expanding friendship groups.

Our community also enjoys Drama evenings, House Plays, Debating and many clubs where students have opportunities to discover and develop their individual skills, talents and interests.

### Mercy in Action

Community and Service have always been fundamental aspects of a Monte Sant' Angelo Mercy College education, as students are shaped by the values of Mercy, Justice, Service, Human Dignity and Option for the Poor.

Mercy in Action includes:

#### Mercy Action Group

- The Mercy Action Group advocates for many social justice issues, such as the No Child Left Behind Campaign, Climate Change, Gender Equality and Fair Trade Fashion. The students also run a Fair Trade Café, serving drinks and snacks to raise awareness for global equal working conditions for all.

#### Green Team

- The Green Team is committed to promoting sustainability, raising awareness and leading initiatives for our environment. The Green Team have introduced solar panels to increase the College's usage of renewable energy and established hives for stingless native bees, which help preserve native ecology.



### Biamunga

- Biamunga is a journey of discovery that can offer learning from First Nations peoples' spiritual and cultural values. At Monte, the Biamunga Mob explore language, Indigenous art and craft, cooking, Wagaji (ceremonial dance), wellness and meditation in fortnightly meetings. They also discuss current events and political issues and opportunities for connection and advocacy. The College celebrates NAIDOC Week with activities and guest artists from the community at Mutitjulu and hosts Biamunga Yarn-Up, a sharing of stories and experiences with guest speakers.

### Debating

Debating encourages and challenges the girls to engage critically and constructively with each other, exploring the most controversial, pressing and age-old questions facing our society. During the school year, a large number of students participate in the key debating competitions.

- Independent Schools Debating Association Competition (ISDA)
- Friday Evening Debating Competition (FED)
- Lower Northshore Debating Competition (LND)
- Archdale Debating Competition
- Schools Debating Network Competition (SDN)

Monte also hosts beginner primary school debating and public speaking programs for future students which focus on skill development, and primary teams are able to compete for Monte in the ISDA competition.















### Duke of Edinburgh's Award

The Duke of Edinburgh's Award offers students a unique opportunity to involve themselves in an internationally renowned program designed to develop skills that prepare them for life beyond the College.

Students are required to complete four components, including the Adventurous Journey, a skill activity, physical recreation and a volunteer component, as well as a Residential Project in the Gold Award level. The students' perseverance and initiative are developed while undertaking activities such as hiking, canoeing and camping.

### Learning Enhancement Programs

The Learning Enhancement Program provides enrichment and extension opportunities in Science, Mathematics, English and Music. Students can also take part in specialist and/or enriching co-curricular activities such as:

- Art After Hours
- Book Club
- Chess Club
- Da Vinci Decathlon
- Drop In And Draw
- Ellipsis Magazine
- Future Problem Solvers
- Model UN
- Monte Minds
- Philosophy Club
- Tournament Of The Minds
- Writer's Ink Club



## Cultural Immersions

Cultural immersions at Monte are a platform to increase students' global awareness and understanding as these experiences allow students to continue the legacy of the Sisters of Mercy through advocating for positive change in society.

### Timor-Leste Immersion and Fundraising Program

The fundamental reason for our ongoing support in Timor-Leste is to continue the work of the Sisters of Mercy by affording the opportunity of a quality education to all young women at the Colegio Infante de Sagre School in Maliana. As well as an annual immersion visiting Timor-Leste and the Maliana community, Monte students fundraise and advocate for change and empowerment for the young women.

### Cambodia Mercy Immersion

The Cambodia Mercy Immersion includes cross-cultural experiences, historical adventures, volunteer work and meeting with Nobel Prize winners. This immersion offers students the unique opportunity to discover the culture of Cambodia, build and enhance relationships, extend themselves beyond their comfort zone, develop their independence and put their Mercy values into action.

### Central Desert Community Engagement Program

The aim of this program is for students to experience a cultural exchange through hands-on activities and guidance by Anangu, maintaining a mutual relationship for our communities to learn and grow. The group undertakes extensive training before departure, including meetings, workshops and learning some of the local language in order to get the most out of this Community Engagement Program.















## Industry Partnerships and Entrepreneurship Programs

Monte proudly offers industry and entrepreneurial opportunities to students which facilitate the building of transferable skills and harness creative inquests, to transform our girls into professional women, ready for life beyond the College.

### Industry Partnership Programs

The 'I Can Code' program encourages students to develop critical thinking and problem-solving skills that are applicable to a range of different career pathways. Learning to code is the main component of this program but students are also able to meet with industry experts and gain insights into what it is like to work in the technology industry. This program goes for the entire academic year and consists of five modules.

The 'Inspiring STEM+' program provides students with the opportunity to experience the engineering and construction industry in real-life and real-time. It also explores a diverse range of professions the construction industry can offer such as surveying, commercial property, law, environment and sustainable practices, design and finance. This is a two-year program which covers eight modules.

### Entrepreneurship Program

The Entrepreneurship Program at Monte offers students in Years 7 to 11 an exciting opportunity to dive into the world of startups and innovation. Through hands-on skill-building and immersive experiences, students are encouraged to develop and pitch their own ideas to engaged audiences. The program includes bootcamps, guest speaker sessions with industry leaders actively shaping the startup space, and the chance to collaborate with our Entrepreneur-in-Residence.

The highlight of the program is the opportunity to present their startups at the annual Entrepreneur Showcase held at the College. Since its inception, the program has seen a remarkable range of student-driven startups emerge, from Buyers Agents Apps to Fair Trade businesses—some of which have transitioned into real-life ventures. Students have also earned recognition, winning awards at Student Pitch Nights at Macquarie University.











# Performing Arts

## Drama and Theatre

Monte's co-curricular Drama and Theatresports offer a fantastic platform for students to unleash their creativity, ignite their imagination, and develop skills in communication and collaboration.

### Screen and Stage Skills (SASS)

Students discover the foundations of acting and unlock their potential on the stage and screen. SASS empowers students with tools to participate in theatrical endeavours, laying the groundwork for further Drama and Theatre Studies at Monte and beyond. Students learn acting fundamentals such as listening and characterisation. This course is exclusively offered to Year 7 and 8 students.

### Musicals

Students and the wider community come together to immerse themselves in the enchanting world of musical theatre as they engage in awe-inspiring performances. Monte's annual musical productions are a highlight of the College year, showcasing the extraordinary talents of Monte students. Whether students dream of gracing the stage with their presence or prefer to work behind the scenes as part of the stage and technical crews, there is a role for everyone. Each year, Monte strives to deliver an even more spectacular show, with past productions including beloved favourites like Frozen JR., Matilda JR., Wicked, Mulan JR., High School Musical and The Sound of Music.

### Theatresports

Students can unleash their spontaneity and quick thinking with Theatresports. Through engaging improvisational exercises, students build confidence and skills. Working collaboratively in teams, students develop characters, create settings, and improvise short scenes based on a variety of exciting scenarios, games, and challenges. Theatresports is a thrilling and dynamic experience that nurtures creativity and builds resilience.

## Music Theatre Club

For students who have a passion for singing, dancing, and acting, the Music Theatre Club is the perfect fit. Open to all year groups, this club meets regularly to prepare songs, scenes, and dances from popular shows. Students showcase their talents through various performances throughout the year, where they have the opportunity to shine and share their love for musical theatre with others who share the same passion.

## Music

Our co-curricular music program offers a wide range of musical ensembles, providing students who play instruments or sing with a platform to showcase their talents, enhance their skills, and immerse themselves in the joy of music.

Open to all, ensembles can offer much more than individual practice sessions. They are dynamic learning environments that allow students to collaborate, develop and refine essential performance techniques, which cannot always be fully explored in private lessons or classrooms alone.

### Enhancing Performance Techniques

Participating in our ensembles, students develop skills such as ensemble coordination, musical interpretation, and the art of engaging an audience. Through regular rehearsals and performances, students gain confidence and become well-rounded musicians.

### Enriching Opportunities

Throughout the school year, ensemble members embark on a rich musical journey. They actively participate in workshops, concerts, competitions, and our annual Music Camp. These immersive experiences provide intense learning and performance opportunities, expanding students' musical horizons and allowing them to showcase their talents. By embracing these activities, students not only grow as musicians but also develop a deeper appreciation for the art form.







## Music Academy

The Music Academy at the College consists of over 20 specialist Music teachers providing individual tuition in musicianship, singing, brass, woodwind, strings and percussion.

We offer tuition in a wide range of areas, with a focus on preparing students for AMEB (Australian Music Examinations Board) and Trinity examinations. Our expert instructors are committed to guiding students on their musical journey, helping them develop their skills, and preparing them for successful examinations.

## Major Events

### Monte Celebrates Music

Monte Celebrates Music is a vibrant evening that brings together our talented students, their families, teachers, and the wider community to celebrate the power of music. It is a joyous

occasion that showcases the remarkable musical journey each student has undertaken, reflecting their growth and dedication.

Additionally, we recognise and honour the achievements of our students through the presentation of annual music awards, acknowledging their exceptional contributions to the musical community at Monte.

### Overseas Music Tours

Students are provided the opportunity to attend Monte's overseas Music Tours. Tours allow students to broaden their musical horizons and experience the magic of music on an international stage.

The tour also provides students with the chance to perform in other schools, outdoor and iconic venues, and participate in enriching clinics led by expert professors. It is an immersive experience that enhances their musical skills, fosters cultural exchange, and creates lifelong memories.















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*Going to Monte has nurtured my love of learning and encouraged to pursue not only academics, but also sports and philanthropy—values that go beyond marks and grades.*

***Scarlett O'Connor (Class of 2023)***



# Sports Program

The Monte Sports Program embodies a 'Sport for All' philosophy, which encourages a high level of participation and offers a wide variety of sports to students for both competition and enjoyment.

The College always endeavours to provide opportunities for participation in all of the activities it offers to all students, regardless of whether they are a beginner, intermediate or advanced level athlete. Sport at Monte is not compulsory but is strongly encouraged, with a vast majority of students participating in the Sports Program.

The co-curricular Sports Program aims to:

- Promote fairness, self-respect and College spirit
- Encourage enjoyment and skill acquisition
- Promote fitness, wellbeing and a healthy lifestyle
- Foster cooperation and commitment
- Encourage personal responsibility and team building
- Provide healthy competition and enable students to attain their sporting potential
- Create a sense of pride and community building

## Carnivals and Special Events

- Swimming Carnival
- Athletics Carnival
- Dance and Aerobics Recital
- Sports Awards Dinner

## Representative Pathways

New South Wales Combined Catholic Colleges (NSWCCC) Sports Association in conjunction with School Sport Australia provides representative pathways for elite young sportswomen to both state and national schoolgirl programs. Team and some individual sport representative pathways are available to girls who represent the College in inter-school competition. There are also opportunities for students to trial for other sports, in which they may excel. Information regarding all of these sports can be found on the NSWCCC website.

## Sport Leadership

The College Sports Captain and individual Sports Captains are service positions within the College, they are not solely based on athletic ability. They are selected by the Sports Department in consultation with the coordinator and coaches of the sport as well as College staff.

## Competition Sports

- AFL
- Aquathon\*
- Athletics
- Aerobics
- Badminton
- Basketball
- Cricket\*
- Cross Country\*
- Football
- Gymnastics
- Hockey
- Netball
- Rugby 7's
- Sailing
- Snowsports
- Softball
- Swimming
- Taekwondo
- Tennis
- Touch Football
- Triathlon\*
- Volleyball
- Water Polo

\*Representative Teams only







# Physical Activity and Engagement

The Physical Activity & Engagement Department at Monte Sant' Angelo Mercy College plays a pivotal role in promoting student wellness through a diverse range of physical activities, structured fitness classes, and workshops. Led by a team of experienced professionals in Physical Performance, Sports Science and Nutrition, the department fosters a supportive environment where students of all interests and abilities can engage in physical activity before, during and after school.

The department offers supervised access to state-of-the-art facilities, such as the Scientia Gym and McQuoin Cardio Room. Weekly team strength and conditioning sessions complement sports training, while structured exercise classes—such as virtual cycling, boxing, and Pilates—cater to students seeking fitness beyond traditional sports. Lunchtime activities, including Olympic-themed events, friendly competitions, and skill-building challenges, further enhance the student experience.

Additionally, the department supports students through programs like 'Active Breaks for Active Brains,' which help manage exam stress and improve focus. By integrating cutting-edge technology and expert guidance, the Physical Activity & Engagement Department is dedicated to nurturing both the physical and mental wellbeing of all students, ensuring they thrive academically and personally.

Physical Activity and Engagement offers:

- Boxing
- Fitness
- Pilates
- Yoga
- Spin Cycling
- Strength and Conditioning



















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*Monte gave me the confidence and independence of thought to pursue a career that isn't traditionally female-focused. I've enjoyed passing that confidence on to new young female graduates in the industry, supporting them, and helping set them up for success.*

*Kerryn Coker, Façade Engineer (Class of 1996)*





## Pastoral Care & Wellbeing

Monte prides itself on the role the staff and community play in the shaping of our young women. Our aim is to ensure every student is cared for with dignity and compassion to ensure they grow into self-confident young women capable of acting with honesty and integrity and above all, mercy.

The Pastoral Care Program is run within year levels. Tutor Groups meet each morning, enabling the interaction and participation of students and teachers in a small, personal environment. Each year group meets as a whole form on a regular basis to experience the integrated program of social and emotional care. Pastoral Care camps are held throughout the year and complement the program of development and personal growth.

A representative from each Tutor Group is elected to the Student Representative Council (SRC) which meets regularly to discuss issues of interest and concern to the whole student body. The SRC is responsible for many initiatives aimed at raising the level of social awareness among students and for planning fundraising activities in support of disadvantaged groups in the wider community.

The College uses the GROWTH model which focuses on:

- Building resilience
- Expecting and role-modelling positive behaviours
- A safe school environment where students are able to reflect, give feedback and contribute to the betterment of the community
- Restorative practices for discipline issues
- Social and emotional learning

Access to specialist care services is available as required for students with health, welfare, study and special needs. Resources include:

- College Counsellors who provide specialist assistance
- Health Centre with an experienced Nurse
- Higher Education and Careers Office



# College Community

Monte's welcome is warm and generous, and through our hospitality, support and assistance, the spirit of community thrives.

Community connectedness ensures students are supported in an educational partnership with their families, alumni, staff, the College Board, the Sisters of Mercy and friends of the College.

The Monte Parents and Friends Association (P&F), representing current and past parents and friends of Monte, is a vibrant part of our College community. The Monte P&F supports the College through hospitality and service to others, arranging many social activities throughout the year. Led by an Executive Committee and supported by an extensive network of parent volunteers, the P&F works in partnership with the Principal and College to create an inclusive, engaged parent community.

Our thriving Monte Alumni Association, founded in 1923, enjoys a close relationship with the College and promotes social and business networking among more than 7,000 former students throughout Australia and the world.

The Monte Foundation supports the College Board and the Principal to develop bursaries and maintain excellence in education and facilities at Monte Sant' Angelo Mercy College.

Special community liturgies and events delivered by the College, P&F Association, Alumni Association and the Foundation include:

- Year 7 Welcome Mass and Dinner
- Grandparents' Day
- Mother's Day Liturgy
- Father's Day Liturgy
- Father Daughter Pizza Night
- Year 12 Mother Daughter Lunch
- Year 12 Father Daughter Dinner Dance
- Summer in Scientia Welcome Cocktail Party
- Monte Blue & Blue Fundraising Lunch
- Monte Bursary Rugby Lunch









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*Our vision is to maximise the potential of the College footprint to provide an optimal consistent learning environment.*

***Mrs Nicole Christensen, College Principal***









# Our Campus

Centrally located in North Sydney, the College combines state-of-the-art learning facilities with buildings of architectural and historical significance.

The College combines a learning environment with buildings of architectural and historical significance. Purpose-built facilities support specialised teaching and learning, while student-centred spaces promote co-curricular activities and wellbeing.

All students have access to a variety of spaces that affords them the opportunity to study, socialise and work with teaching staff and their peers in a supportive environment.

Our College facilities include:

- Scientia Terrace, Sports, Innovation, Science, Social Justice and Enterprise facility
- McQuoin Centre, a multi-purpose hall used for sports and College assemblies
- Indoor, heated 25-metre swimming pool
- Strength and conditioning gym with weights and cardio equipment
- O'Regan Arts and Cultural Common including a 370-seat theatre and performance space

- Specialised music rehearsal rooms
- Modern hospitality kitchen
- An abundance of classrooms and learning areas
- Visual Arts and Design and Technology complex with multiple specialist facilities
- Modern Library with catalogues of more than 15,988 items and individual and group study areas
- College Chapel, which is the spiritual heart of the College
- Mercy Hall, built in the early 1900s and fully restored
- Beautiful grounds and landscaped gardens

## Transport

The College's position in the heart of North Sydney sees Monte located in a transport hub. Students can travel to Monte via the various services offered by Transport NSW.

A quick stroll to access buses, ferries, train and metro lines ensures travel to the College remains convenient for students and families.

# Enrolment Information

Enrolment application can be lodged with the College Registrar at any time after your daughter's birth.

Monte welcomes students of different faiths who wish to experience and contribute to the richness of our curriculum and community.

To learn more about what Monte has to offer you and your daughter, please join us at our annual Open Day or one of our College Information Tours.

We look forward to welcoming you and your family to Monte.



[www.monte.nsw.edu.au](http://www.monte.nsw.edu.au)



[registrar@monte.nsw.edu.au](mailto:registrar@monte.nsw.edu.au)



+61 2 9409 6200 or 9409 6245



SCAN QR CODE TO BOOK A TOUR









“

*Mercy values gave me a holistic approach to education  
and helped me develop a broader, more enlightened  
view of the world as I stepped out into it.*

*Kate Slade (Class of 2023)*



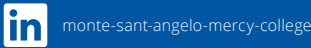




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To discover more about our Mercy heritage, program of academic excellence and innovation and to keep up to date with all the latest video news and features of Monte, please visit our website, or follow us on social media.



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Mercy College

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