



ST URSULA'S
COLLEGE | YEPPOON

WELCOME TO OUR BOARDING COMMUNITY





Perfect My Steps
Artwork by Taleisha Harrison

Acknowledgement of Country

We acknowledge and pay respect to the Darumbal people as the original and ongoing owners and custodians of the land upon which St Ursula's College, Yeppoon, is built. We call on the Spirit Ancestors to walk with us as we share and learn together. We pay our respects to the elders past, present, and emerging. We celebrate their continuing culture and commit ourselves to actively work alongside First Nations people for reconciliation and justice.



It is with great pleasure that I welcome you to St Ursula's College. As you embark on this exciting new chapter, know that you are joining a community that is deeply committed to nurturing your growth, both academically and personally.

At St Ursula's, our College values of Faith, Compassion, Respect, Simplicity, Excellence, and Hospitality are at the heart of everything we do. These guide us in creating a supportive environment where each student can thrive.

Faith is the cornerstone of our community. It inspires us to see the best in ourselves and others, and to trust in the journey ahead. We encourage you to let your faith be your guide as you begin your time here at St Ursula's.

Compassion is about understanding and caring for one another. In our Boarding community, you will discover a network of friends and mentors who are here to support you. Remember, a kind word or a helping hand can make a world of difference.

Respect is core to who we are as a College. We honour the dignity of every individual and celebrate the diversity that each student brings to our community. Treating each other with respect ensures a harmonious and inclusive environment.

Simplicity reminds us to appreciate the beauty in the little things and to live with gratitude. In the hustle and bustle of College life, take moments to reflect and find joy in the simple pleasures.

Excellence is our pursuit to continue to grow in all we do. As a College we encourage you to do your best, whether in academics, sports, arts, or personal development. Aim high and take pride in your efforts and achievements.

Hospitality is about creating a welcoming and warm atmosphere. As new members of our Boarding family, you will experience the genuine care and friendship that define our community. We look forward to welcoming you.

Our College motto, 'Perfice Gressus Meos' (Perfect My Steps) encapsulates our commitment to guiding you towards your own personal excellence. As you journey through your time at St Ursula's, may you strive to perfect your steps, embracing our College values to support your growth spiritually, physically, emotionally, and academically.

We are excited to have you join our community and look forward to the unique contributions you will bring to our College. Together, let us build a community where everyone feels valued and supported.

Welcome to St Ursula's College; I look forward to meeting you.

DEBORAH RYAN
Principal

WELCOME TO YUMBA GY YOU BOARDING HOUSE

In the tradition of hospitality at St Ursula's College, we welcome our new Boarding students and their families to our community. We look forward to supporting your educational and personal pursuits. During your time with us, we will encourage you to participate in many new activities and opportunities. Boarding students live on campus and have time each week to visit the local beaches and surrounds. With a variety of sporting and hobby groups available within Yeppoon, the Boarding House operates a daily co-curricular transportation service so Boarders can partake in their special interests during term time.

Several initiatives operate within Yumba Gy You and are designed for students to learn the importance of purpose in their lives. Our Act of Kindness Card Project members paint letter cards that are distributed both within Australia and overseas. Students can volunteer for Equine Club, working with and grooming horses alongside a local Physiotherapist who specialises in Hippotherapy for children. Volunteering options also include supporting programs such as Eddie's Van and the Yeppoon Community Pantry, assisting local community members to distribute food to those in need.

Boarders are encouraged to participate in activities that advocate for change within the local and wider communities, such as Do it for Dolly Day, Clean-Up Australia Day and Earth Day. Students can also propose new initiatives through our Student Representative Committee members, who meet fortnightly to focus on social and environmental issues.

DEBRA WITHNALL *MEdLead, BEd, DipT*
Head of Boarding
St Ursula's College, Yeppoon



WHY BOARD AT ST URSULA'S?

St Ursula's College has provided Boarding facilities on the Capricorn Coast for over 100 years. Our Boarding House, Yumba Gy You, is a community where each person feels welcome and at ease, and where each one can find her special place and sense of belonging. Girls are encouraged to develop their gifts and talents and to grow towards becoming responsible citizens, respecting themselves and their environment. Respect for others, honesty, co-operation and consideration are the fundamental principles supporting our community.

As Boarders live on campus for approximately 40 weeks of the year, the College assumes some important responsibilities. Boarding Staff provide the students with firm but fair guidelines for behaviour and encouragement to take responsibility for their actions and decisions.

Our girls enjoy the warm and friendly atmosphere of the Boarding House and living in a small resort town, with safe, protected stretches of beach within walking distance from our College. Our three storey Boarding House is well equipped with kitchen facilities, spacious Common Rooms and internet access. There are also wide verandahs where girls can relax, and comfortable individual living areas.

Boarding students enjoy excellent educational opportunities, an interesting and varied co-curricular program, together with a variety of activities that often take advantage of our beach location. Girls are also encouraged to volunteer within the community and nurture their faith and Christianity through participation in prayer, liturgies and Religious Education. Boarding students attend Mass at Sacred Heart Church in Yeppoon each weekend.

Our aim is not only to prepare Boarding students for life and learning beyond school but also to enable them to take happy memories and lifelong friendships from their years at St Ursula's.

The key to a successful Boarding experience for your daughter is in knowing that her parent(s) and the College are working together in her best interests. We encourage you to visit your daughter at any time and to keep in contact with the staff looking after her.

An extensive co-curricular program (facilitated by the Boarding College) includes Netball, Dancing, Surf Life-Saving, Sports, Army Cadets, Water Polo, Gymnastics and other activities available in the area.



OUR VISION

St Ursula's College is a vibrant Faith community providing a holistic Catholic education and residential environment through which young women are encouraged to realise their potential; founded on the charism of Nano Nagle and the values of the Presentation Sisters; yet, responsive to the demands created by the social dynamics of the 21st Century.

CULTURE

At St Ursula's College, Yeppoon, we cultivate an environment of belonging, so that each and every member of our community knows they are respected and welcome. A culture which empowers and encourages each student to seize leadership opportunities, know their self-worth, and reach their potential is evident throughout the College. Our staff are dynamic and dedicated professionals who specialise in the education of young women. A prominent and active wellbeing program supported by three Heads of School, a College Counsellor and a School Nurse, is based on the principles of Positive Psychology and Growth Mindset, and ensures that girls are well supported as they navigate adolescence.

The multicultural atmosphere of the College fosters a sense of belonging and inclusion among all students. Students and staff from various cultural backgrounds share their knowledge and skills within the College community and are appreciated for their contribution to campus life. Harmony Day is celebrated annually, and the Cultural Captain, a Student Leader, works with staff to create opportunities to celebrate cultural awareness and acknowledge diversity in a respectful and affirming manner.



COLLEGE EXPECTATIONS

Whenever there are large numbers of people living together, there are times when some may find life difficult. To build a genuine and caring community, effort is required on the part of each person. It also demands a willingness from each person to be part of the group.

Respect for others, honesty and co-operation are essential values in building our community. The following five expectations encompass these values.

The students of St Ursula's College are expected to work towards building a Christian community by:

- treating all persons with respect, as each of us is made in the image and likeness of God;
- seeking to understand more about the Catholic faith and traditions on which this community is based;
- participating respectfully in Mass, liturgies and prayer;
- showing respect for the sacred places, rituals, practices and beliefs of this Catholic community.

Each girl is encouraged to show respect for herself by:

- behaving in a way that upholds her individual dignity;
- caring for her health by regular exercise, good hygiene, adequate sleep and a healthy diet;
- not smoking or using alcohol or drugs. The breaking of this rule at the College is considered to be a serious offence which may involve termination of enrolment;
- observing appropriate dress standards.

Each girl is expected to show respect and concern for others by:

- being considerate and polite to all members of staff and visitors to the College;
- being considerate of and courteous to others when speaking to or about them or interacting with them;
- acting in a friendly manner towards each other, both individually and in a group situation;
- adhering to 'quiet' time requests;
- following the Boarding House routines;
- participating in community initiatives organised by the Boarding House.

Each girl is expected to respect property by:

- having her own belongings properly named and stored neatly;
- not using, without permission, an item that belongs to another;
- using and treating College property, texts, library books and all resources with care and respect;
- caring for the environment by not littering, defacing with graffiti or causing damage;
- reporting damage as soon as possible.

Each girl is expected to take her studies seriously by:

- doing homework to the best of her ability;
- following an organised study program throughout the year;
- becoming more aware of community and global issues;
- asking for assistance if unsure of tasks or subject content.

These expectations reflect our College values of *Faith, Respect, Excellence, Compassion, Hospitality, and Simplicity*.

Faith

We seek to make students aware of our rich Catholic heritage, nurturing this as the source of Catholic identity and living. We strive to build upon the faith and commitment of the Presentation Sisters who founded the College by providing Religious Education and experiences of prayer, liturgy and social action that make the faith dimension of this College life-giving and relevant.

Respect

We believe in the dignity of each person and encourage all to treat others with consideration and courtesy, acknowledging the value of other viewpoints and life experiences. We strive to ensure that all members of the College community are treated with fairness and equity.

Excellence

We believe that each human being is endowed with individual gifts that deserve recognition and development. We strive to promote an environment where all are encouraged and enabled to develop their potential and experience success according to personal capabilities and circumstances.

Compassion

We believe we have a responsibility for the wellbeing of others in and beyond our community, particularly those who are suffering or vulnerable. We strive to develop a sense of concern for others and a spirit of service so that this concern is expressed and enacted.

Hospitality

We believe that a Christian community is inclusive. We strive to develop a sense of welcome and an acceptance of others such that all in the community are inspired to demonstrate a willingness to share their talents and cultures to enhance life for all. We promote and model reconciliation and strive to restore relationships when conflict or division occur.

Simplicity

We value all of creation and the interconnectedness of life. We strive to develop a sense of appreciation for our physical environment and personal resources. We promote good stewardship and social responsibility rather than a focus on material possessions.

STUDENT CODE OF CONDUCT

Student behaviour is facilitated through the St Ursula's College Student Code of Conduct, which can be found on our College website under Policies and Processes.

The Student Code of Conduct embraces our College values and is a broad outline of behavioural principles, expectations, and ideals. It provides guidelines to promote positive and appropriate behaviours to ensure that all interactions with students, community members and staff are respectful, honest, courteous, sensitive, tactful, and considerate.

This Code of Conduct provides students with guidelines for the effective development of positive relationships within the College community and assists in promoting the behaviours that are in keeping with the College's vision and values.

Communication

St Ursula's College is committed to open, honest, and timely communication with, and between, all members of the College community. We believe that communication should be respectful, relevant, measured, amicable and sensitive. All students are expected to interact civilly and respectfully with staff, other students, and visitors to the College. Written and spoken communication should be courteous and respectful. Abusive language, raising your voice, insulting or violent behaviour is not appropriate.

Use of Technology and Social Media

Social media can be defined as how we use technology to communicate and connect with others. Despite the range of positive uses for social media, there are also several ethical and legal issues associated with its use. Many people may hold the mistaken belief that anything published online will be without legal consequence. However, all students of the College should be aware that there are potential legal liabilities and College consequences that may arise, particularly in relation to inappropriate use of social media.

Co-Curricular Activities

We recognise that students are often actively involved in the sporting and co-curricular events of the College. We encourage students to participate in such activities in the spirit intended. The College has high expectations of students at these events and activities.

Classroom Conduct

All students are to strive for **Excellence** in their learning by:

- Being prepared for learning and seeking their own personal excellence by working to the best of their ability.
- Being punctual to class.
- Using learning tools and resources as intended.
- Being respectful of others in accessing their learning i.e., not being disruptive in class.
- Following the College learning and assessment procedures.
- Behaving in a manner that upholds their dignity as well as the dignity of others.
- Speaking and acting courteously to all members of the College community.
- Acting in a friendly manner towards each other, both individually and in group learning situations.
- Completing all set homework tasks.

General Conduct

- Students are expected to comply with the following general conduct principles:
- Support the Principal and staff in the development of a Christ-centred learning community based upon the principles of Catholic education.
- Accept responsibility for their learning through a positive approach to growth and aspiration to personal excellence.
- Treat all members of the College community with respect and courtesy.
- Students of the College are also expected to comply with College policies and reasonable directions, including those relating to health, safety, and communications with the College.
- Refrain from gossiping about or criticising other members of the community.
- Wear the College uniform correctly and with pride.
- Dress appropriately for College functions and activities.
- Respect others' learning space (in the case of Boarding, personal spaces).
- Use technology correctly to advance learning and personal growth.
- Consider and care for the wellbeing and safety of self and others.
- Be responsible and demonstrate integrity.
- Demonstrate kindness and forgiveness.

COLLEGE SONG

Our College Song, *Sisters*, encompasses the spirit of our College. All staff and students work together in the spirit of 'Sisterhood' to assist one another in educational and co-curricular pursuits. The expectation of all in the St Ursula's College community is that we are all welcome and included.

SISTERS

(Excerpt)

Have you seen my eyes? They shine like moonlit waves
They question what you say I should be
Have you seen my eyes? They narrow, unafraid. They're full of fierce, unfading loyalty
To my Lord, to my loved ones, my infinity of sisters
We don't pretend that darkness doesn't sometimes descend
We don't pretend to never need the shoulders of our friends
We seek, we strive to fight for the Foundress' cause
To share our light, the light given by the Lord.
I glisten in a galaxy, bright like those who have come before me
I see them shine, scattered on the sea
An infinity, an infinity, an infinity of sisters, an infinity of sisters
My sisters.

Alice Chance, 2018

WEEKLY CANDLES

On a Friday night during term time, our candle is lit in the Boarding House. If you look towards Yeppoon, you will know that the candle is shining and we are thinking of you. We ask that families also light candles in their own homes, so that your daughters can look towards home and know they are being thought of, too. Candles are a beautiful connection for our Boarding students, and a special reminder of the importance and love for them in their own homes. May we always remember the importance of looking out for one another and remaining connected.

... in the true light of our College founding history,
Let us shine a light for one another.



HOUSE SYSTEM

At St Ursula's College, each student belongs to one of four College 'Houses' for the duration of their enrolment: Kennedy (Green); Madden (Red); Nagle (Blue); and Shiel (Yellow).

The House system provides a structure for competition in Sporting and Cultural activities at St Ursula's College. Smaller groups within each House also meet twice weekly for pastoral care activities and mentoring under the guidance of a staff member, in a set area. Students are encouraged to regard their House Group teacher as their primary staff contact person. The House Group teacher's role is to take a special interest in the welfare of those students in the group and to report to parents on the general progress of those students in their care.

Where a student is experiencing difficulties, she could approach:

- The Subject teacher (if the problem relates to a particular subject) or her House Group teacher;
- Head of Junior School (Year 7&8); Head of Middle School (Year 9&10); or Head of Senior School (Year 11&12);
- Deputy Principal - Students & Wellbeing, or Deputy Principal - Learning & Innovation.

BOARDING HOUSE 'SISTERS' GROUPS

The provision of mentoring and peer support is a priority of the Boarding House. 'Sisters' groups, made up of students across all year levels, will be implemented in 2025. Groups will participate in activities such as family dinners, picnics, movie nights, sports activities, cooking activities, beach walks and craft nights.



PERSONAL BELONGINGS

Below is a list of recommended items for your daughter to bring to Boarding.

PLEASE ENSURE ALL ARTICLES ARE CLEARLY MARKED WITH THE NAME OF THE BOARDER.

Uniforms <ul style="list-style-type: none"> • 5 College uniforms (must comprise of at least 2 Formal uniforms) • 1 College badge • 1 College blazer (Years 11 and 12) • 1 Sports shorts • 1 Sports shirt • 1 Panama hat • 1 Sports hat • 2 Boarding shirts (Years 7, 8, and 9) • 1 official College bag • 5 pairs white fold down socks • 3 pairs Sports socks • 1 pair leather black lace-up school shoes • 1 pair sports shoes 	Boarding <ul style="list-style-type: none"> • 2 pairs single bed sheet sets • 2 pillowslips • 1 pillow • 2 towels • 1 beach towel • 1 doona or blanket • 1 doona cover • 2 sets sleepwear • 1 bathrobe or dressing gown • 7 sets underwear (bras preferably white/bone/neutral) • Sun-safe shirt • 1 piece swimwear (bikinis are not acceptable) • 2 sets casual wear for afternoons/beach (shoestring straps; short skirts/shorts and frayed or ripped skirts/shorts/jeans are not allowed) • 2 sets smart casual wear. One outfit must be a skirt/dress or trousers and top suitable to wear to our special Boarding Dinners • Sandals/shoes with back strap for after school, weekends/Church • Rubber thongs for showers • 1 sunsafe hat for casual wear
General items <ul style="list-style-type: none"> • Laundry items (detergent, stain remover, pegs, fold-away laundry basket) • Shoe cleaning kit • Coat hangers to hang all your clothing on • Sunscreen 30+ • Coffee mug, bowl, plate and cutlery for use in Common Room only • Cutlery to use in Day school • 1 reusable lunchbox/container with lid • Large storage container with air-tight lid suitable for storing snacks • 2 padlocks (one medium and one small) preferably with three keys. Spare keys to be tagged and handed to supervisor for safe keeping • Small Sewing Kit • 2 jumbo blanket bags for storage at end of term • Pain relief i.e. Paracetamol, Ibuprofen, Aspirin, antihistamines. All medication to be handed to Floor Supervisor for secure storage. • Battery-operated alarm clock 	Personal toiletry items <ul style="list-style-type: none"> • Tissues • After suncare cream • Savlon cream • Pads/tampons • 1 box of bandaids • Deodorant (pump action/roll on) • Shampoo and conditioner • Soap • Toothbrush x 2 • Toothpaste • Moisturiser • Hairbrush • Comb • Showercap <p>AEROSOL PRODUCTS ARE NOT PERMITTED</p>

Please note: as space is limited, girls should not bring too many personal belongings.

Permitted electrical appliances MUST be tested and tagged before being allowed into the Boarding House.

Preparation for Boarding

Girls must be able to keep their drawers, wardrobe and personal areas tidy. They require skills such as being able to fold clothes and store their belongings in a organised manner. They also need to know how to make their bed on a daily basis, the ability to change their sheets once a week and undertake personal laundry.

We appreciate Parents/Carers preparing their daughters with these basic skills prior to commencing in Boarding.

DAILY ROUTINE

The following is a sample summary of the Junior School routine. Middle School and Senior School have additional privileges such as weekday town visits, weekend phone times and extended bedtimes, in accordance with the maturity level and study requirements of each grade. Phone times and IT access are monitored to assist students' education in the responsible use of technology.

MONDAY TO FRIDAY - MORNINGS	
Wake up and dress for school	6.30am
Make bed, tidy room, allocated floor tasks completed	7.00am
Phones – call home	7.00am-7.10am
Breakfast and Grace	7.15am
Return from Breakfast, clean teeth, finalise school bag <i>*Phones</i>	7.35am
Phones handed in	8.05am
Depart for school	8.10am

MONDAY TO THURSDAY - AFTERNOONS/EVENINGS	
Return to Boarding House with Afternoon Tea. <i>*Collect phones</i>	3.05pm
Afternoon walk/front beach/co-curricular activities Town visit Wednesday	3.30pm-4.15pm <i>*with supervisor</i>
Study <i>Phones handed in</i>	4.40pm
Dinner and Grace <i>Announcements after Dinner and prior to dismissal back to floors</i>	5.45pm
Return to floors/free time <i>*phones until 7.00pm</i>	6.15pm
Study in room/EmpowerU time This is a designated quiet time	7.00pm
Floor free time <i>Students are expected to be mindful of others who may wish to have an early night or continue studying</i>	7.30pm
Showers completed	8.00pm
Check-in; phones and laptops handed in	8.10pm
Prepare for bed	8.15pm
Settled in bed and quiet; lights out and meditation	8.30pm

FRIDAY - AFTERNOONS/EVENINGS	
Return to Boarding House with Afternoon Tea. Free time <i>*Phones until 5.40pm</i>	3.05pm
Dinner and Grace <i>Announcements after Dinner and prior to dismissal back to floors</i>	6.00pm
Floor activities/board games/puzzles/movies/free time/ off campus scheduled activities <i>*Phones</i>	6.35pm-9.00pm
Showers completed	8.30pm
Check-in; phones and laptops handed in	9.00pm
Prepare for bed	9.15pm
Settled in bed and quiet; lights out and meditation	9.30pm

SATURDAYS/SUNDAYS		
<i>*Church attendance will rotate for each year level between Sunday morning Sacred Heart Church; Sunday evening Sacred Heart Church; and Tuesday at St Brendan's College.</i>		
Wake up, make bed and dress <i>*Collect phones</i>	7.30am	
Brunch Cafe Menu	Sat 7.30am-8.45am Sun 9.30am-11.30am	
Return to floors, tidy area, rostered tasks completed/freetime <i>*Phones</i>	After Brunch	
Saturday Shopping down town <i>*Students must have a charged phone for permission to go shopping</i>	10.00am-12.00pm	
Saturday Lunch	12.30pm	
SATURDAY TECH-FREE TIME <i>*Phones and laptops are to be handed in 1.15pm-2.15pm</i> Free time/choice of scheduled weekly activities <i>*Optional tutoring</i>	1.30pm-3.00pm	
Afternoon Tea	3.00pm	
Free time Lagoon/town walk/off-campus activity/sport	3.30pm-5.35pm	
Dinner <i>*No phones</i>	6.00pm	
Return to dorms; free time. Front beach walk/ice-cream shop visit <i>*Scheduled inter-school socials</i> <i>*Phones</i>	8.10pm	
SUNDAY EVENING <i>*No phones</i> Floor free time <i>Students are expected to be mindful of others who may wish to have an early night, complete homework, or continue studying.</i> <i>Girls are asked to check-in with their Supervisor if they are planning an early night.</i>	7.45pm-8.30pm	
Showers completed	Sat 8.30pm	Sun 7.45pm
Phones and laptops handed in	8.45pm	7.45pm
Check-in	9.00pm	8.30pm
Prepare for bed; clean teeth	9.15pm	8.35pm
Settled in bed and quiet; lights out and meditation	9.30pm	8.45pm

MEALS

Nutrition is of extreme importance in the Boarding House and our Catering Staff are highly qualified. All meals are prepared on site in our commercial kitchen in the Dining Hall. Students and parents are regularly consulted so meals are both enjoyable and suitable for adolescents' optimum growth and development.

Formal Dinners are an important aspect of Boarding life, and manners and etiquette are part of such occasions. The expectation is for students to be appropriately dressed for a social dining experience.

Parents and Guardians are welcome to join us for table hospitality.

At certain times throughout the year High Tea is served to celebrate occasions such as National Boarding Week and Australia's Biggest Morning Tea.

ST URSULA'S							
Menu Week 7 - Term 4							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	A selection of Cereals, Porridge, Fruit, Toast, Juice and Tea & Coffee						
	Spaghetti		Ham & Cheese Croissants		Bacon & Scrambled Eggs	Scrambled Eggs	BRUNCH
LUNCH OPTION 1	Wrap	Schnitzel	Home-made Burger	Sweet & Sour Pork	Crumbed Steak	Burger	BRUNCH
Starch	Salad Bar	Chat Potatoes	Salad Bar	Rice	French Fries	Salad Bar	
Greens		Asparagus		Asian Stir Fry	Coleslaw		
Vegetables		Baby Carrots		Carrots			
LUNCH OPTION 2 OR SALAD	Salad Bar	Salad Bar	Japanese Salad with Ham & Potato	Greek Salad	Salad Bar	Salad Bar	Salad Bar
SECOND BREAK	Kabana & Cheese Crackers	Fresh Baked Scones with Jam & Cream	Cheerios	Anzac Biscuits	Mini Pies	Pikelets with Jam & Cream	Mini Quiche
AFTERNOON TEA							
DINNER	Pie	Irish Lamb	Pizza with Garlic Bread	Braised Beef Diane	Tandoori Chicken	Lasagne	Roast Chicken
	Peas	Cabbage & Bacon	Mashed Potato		Rice	Garlic Bread	Potato
Greens	Carrots	Carrots	Mushy Peas	Beans	Mixed Veg	Caesar Salad	Beans/Broccoli
Vegetables		Steamed Potato	Sweet Potato	Carrots			Sweet Potato
DESSERT	Fresh Fruit available						
DESSERT			Chocolate Mousse		Vanilla Creamed Rice		Pear in Red Wine

Sample of Weekly Menu

UNIFORM GUIDELINES 2025

FORMAL UNIFORM

- White College blouse and tie.
- College skirt (covering the knee) or College long trousers.
- Navy blazer for all students in Years 11 and 12. Optional for students in Years 7-10. However, the blazer is required when officially representing the College e.g. Choir, Public Speaking, Debating.
- White fold-over style short dress socks or pantyhose (40 denier) - navy.
- Black leather regulation lace-up school shoes. Converse brand and other fashion shoes are not suitable.
- College badge and other official College badges awarded to the student.
- Navy College panama hat (to be worn at all times when outside a building).
- College backpack (compulsory).

OPTIONAL UNIFORM

(Except for days when Formal Uniform is required)

- College dress (covering the knee).
- College Formal shorts or College long trousers to be worn with the white College blouse.
- College pullover for extra warmth. Year 11 and 12 students must wear a blazer over the pullover.

COLLEGE SPORTS UNIFORM

- College sports shorts.
- College sports shirt.
- Sports shoes (suitable for physical activity and not including canvas/fashion style shoes).
- College sports socks.
- Navy College sports hat (STU sports cap may also be worn).
- One-piece swimsuit.
- College tracksuit.
- Sports Touring kits and accessories i.e., bags, shorts, jumpers, are not to be worn as part of the regular Sports Uniform.

Students in Years 7-8 only, are permitted to wear their Sports Uniform to and from school on days they have a practical HPE and/or Dance lesson. Students in Years 7-8 may also wear their Sports Uniform as an option on Fridays.

Year 9s are permitted to wear their Sports Uniform on days they have practical HPE lessons.

'FREE DRESS' DAYS

The College Sports Shirt is worn on Free Dress Days (such as Sports Carnivals, Retreat Days, Fundraising Days) with College Sports Shorts or College Tracksuit Pants and appropriate closed-in shoes unless otherwise specified.

Mixing any part of the Formal Uniform, Optional Uniform, and Sports Uniform is not permitted, including accessories for each i.e., hat and/or socks. For example, the sports tracksuit jacket must not be worn with the Formal or Optional Uniform; formal trousers not mixed with sports shirt; panama hat must not be worn with the Sports Uniform.



Students must maintain their uniform, keep it neat, clean and tidy, and replace items if they are worn or damaged.

The College's Uniform Shop is located on campus, accessible via the John Street carpark. The College Uniform Shop opening hours during term time, commencing from Week 2 of Term 1, 2025, are as follows:

- Tuesday 7.30am to 9.30am
- Wednesday 7.30am to 9.30am
- Wednesday 2.30pm to 5.30pm or to 6pm by arrangement

If you are unable to attend the shop during these times, please email uniformshop@stursulas.qld.edu.au or phone 4939 9644 and the items you require can be paid for over the phone and collected from Student Reception.



HAIR

- Hair must be tidy and neither grown nor groomed in an extreme or exaggerated fashion.
- Hair must be in such a condition that it does not invite comment.
- Extreme hairstyles such as shaved/buzz cut hair or brightly coloured hair are against the College rules. Hair colour should be as close to natural as possible.
- Hair must be tied back for neatness and health and safety reasons. Hair ties or ribbons are to match uniform colours.
- Flowers, ornaments, colourful, and/or patterned scrunchies and head bands are not acceptable.
- Hair that touches the collar should be fully tied back and up off the shoulders.
- House Colour hair accessories are not permitted, unless for special House events.

JEWELLERY

- A regular watch may be worn.
- Smart watches are not permitted.
- No large backs on studs.
- One small set of plain earrings, such as sleepers or studs may be worn in the lower lobe. Studs must not exceed 5mm in diameter and may be gold, silver, or white pearls. Wearing hoops, or covering over any piercings, is not acceptable.
- No other piercings on any part of the body. Clear studs are not acceptable.
- Visible body art is unacceptable.

OTHER

- Fingernails should be kept clean and short.
- Fake nails and nail polish are not permitted.
- Underclothing must be plain and unable to be seen through the uniform.
- Eye and face make-up is not to be worn with College uniform.
- Eyelash extensions and eyebrow tracks are not permitted. An automatic after-school detention will be issued and parents contacted.
- Chewing gum is not permitted at any time on College grounds or when wearing the Uniform. Students chewing gum will be issued with an automatic after-school detention.
- Sports Uniform and Formal Uniform accessories are not to be mixed.
- Students are not permitted to wear their Sports Uniform to or from school (unless in Year 7-9 on designated or HPE practical lesson days).
- Students in Years 11-12 must bring their Sports Uniform on the days required and change in the breaks before and after their practical lesson.
- Footwear: closed-in shoes are to be worn at all times. Thongs, slides, or sandals are NEVER to be worn to, from, or at school.

UNIFORM BREACHES

The correct wearing of the College uniform is critical to developing a sense of school pride and spirit. In addition to this, it helps to prepare students for the expectations associated with life after school.

Students at St Ursula's College are required to wear their uniform correctly both on campus and when in the wider community; however, should breaches occur a red card will be issued and their name recorded. When a student accrues 3 red cards they will be required to attend an after-school detention.

Jewellery infringements will result in the item being confiscated and stored safely for the remainder of the term. If a student refuses to remove inappropriate jewellery, parents will be asked to collect their child to organise removal of jewellery. If the student continues to be non-compliant regarding uniform expectations, parents will be notified to discuss ongoing enrolment.

If students refuse to remove false lashes and/or fake nails within an agreed time frame, parents will be asked to collect their child to rectify the issue before returning to the College.

STUDENT WELLBEING

The Wellbeing Team work together to provide specific support for students and cater for their personal needs. These services can be accessed by all students by contacting the Deputy Principal - Students & Wellbeing, Heads of School, College Counsellor, Community Support Officer, Head of Boarding and/or College Nurse.

Lisa Pyper	College Counsellor	lisap@stursulas.qld.edu.au
Melissa Thomas	Head of Junior School	melissat@stursulas.qld.edu.au
Kelly Melvin	Head of Middle School	kellym@stursulas.qld.edu.au
Jodi Willing	Head of Senior School	jodiw@stursulas.qld.edu.au
Megan Slade	Deputy Principal - Students & Wellbeing	megans@stursulas.qld.edu.au
Katrina Whitham	Community Support Officer	katrinaw@stursulas.qld.edu.au
Debra Withnall	Head of Boarding	debraw@stursulas.qld.edu.au
Suzanne Iskov	College Nurse	suzannei@stursulas.qld.edu.au

Help is available from the following websites and phone numbers:

Reachout.com

headspace.org.au

KIDS HELP LINE 1800 551 800

HOMESICKNESS

It is important to recognise that the commencement of new experiences will often require a period of adjustment for parents, carers, and students. While some students do not feel homesick, others will need to be carefully nurtured through their 'settling-in' phase. The first step is to acknowledge that this is a genuine reaction to the start of a new chapter in their lives.

The emphasis on friendships and the 'sisterhood' of St Ursula's College is an important aspect of students feeling a sense of belonging and support. Each Boarding student will be allocated to a 'sisters' group (as mentioned on page 10), made up of all year levels, to offer support and encouragement to each other. Students will be involved in projects and activities including picnics, craft activities, beach walks, shopping outings, and visits to local tourist spots such as the Rockhampton Zoo and Great Keppel Island. For both students and parents, an important aspect of readjusting in these early weeks is to keep busy.

At the beginning of each term, students are encouraged to plan events, their visits home, and when they may receive visits from family. Having a clear understanding of when visits and travel will occur is important. Many students bring reminders of home with them and decorate their rooms with these items. Maintaining regular contact home through phone calls and video calls also helps to minimise homesickness. Siblings and relatives' visits also occur with St Brendan's College, Yeppoon.

Here in Yumba Gy You, we consider ourselves as *people of positivity*, sharing optimism and uplifting moments. Living in such a beautiful location, students are encouraged to take every opportunity to enjoy the great outdoors, participate in new or familiar co-curricular activities, and expand their friendship groups.

Country Catch-Ups, Agricultural Show attendance and Field Day exhibits are opportunities for the College's Leadership Team and Head of Boarding to visit with Boarding families to build and maintain relationships. It is important to remember that as part of the St Ursula's College community, each family is welcome, respected, and treated with dignity.

PARENT ENGAGEMENT NETWORK & BOARDING REPRESENTATIVE

The Parent Engagement Network (PEN) is an integral part of the College community. Our PEN provides the opportunity for parents to share their opinions on issues relevant to the College and assist in improving the educational opportunities available for their children. As part of the PEN's mission to 'engage' more parents, the position of Boarding Representative was created, and contact details for this role will be available in every Boarding newsletter. This representative is available to liaise with Boarding families about issues which affect them. New and continuing parents and carers are encouraged to join the St Ursula's PEN; meeting dates will be advised via the College newsletter.

The Committee aims to:

- Keep parents and carers informed about educational issues;
- Provide a forum for exchange of information and for consultation and discussion;
- Promote parenting programs, parent/teacher interaction, and parent support;
- Foster a sense of belonging, i.e. parents as part of the College community; and
- Support College activities through fundraising or attendance in an official capacity.

CHILD PROTECTION

St Ursula's College is committed to creating and maintaining safe environments for children. A critical area of importance is how to respond to, and report abuse, harm and the behaviour of a staff member that a child considers is inappropriate. The Child Protection Policy and Processes document sets out the responsibilities for staff members in schools where they have a concern for the protection of a child, including addressing processes required by law:

- processes for how St Ursula's College will respond to harm, or allegations of harm, to children
- a process for the reporting by a child to a stated staff member of behaviour of another staff member that the child considers is inappropriate
- a process for how the information reported to the stated staff member must be dealt with by the stated staff member
- a process for reporting sexual abuse or suspected sexual abuse in compliance with the Education (General Provisions) Act 2006, section 366; and
- a suspicion of likely Sexual Abuse in compliance with the Education (General Provisions) Act 2006, section 366A.
- a process for reporting a reportable suspicion under the Child Protection Act 1999, section 13E

These processes apply to all staff members employed by St Ursula's College.

Confidentiality is a critically important element of conferral processes.

In general terms, the process for responding to and reporting Child Protection concerns is as follows:

IDENTIFY	Identifying Child Protection concerns through recognising the signs of abuse and harm, and through disclosures or receipt of information.
CONFER	Seeking guidance and support – if necessary, conferring with the Principal or Child Protection Contacts, or use resources such as the Child Protection Guide to establish whether a 'reasonable suspicion' has been formed.
REPORT	Where a reasonable suspicion of abuse, harm or inappropriate behaviour is formed – reporting the concerns according to the specific processes outlined in this document.
SUPPORT	Remaining focused on the support needs of the child and liaising with the Principal around any planning or actions that are required.



CONTACT US

Head of Boarding:	Mrs Debra Withnall Phone: 07 4939 9630 or 0408 183 806 Email: debraw@stursulas.qld.edu.au
Boarding Coordinator:	Mrs Wendy Wagner Phone: 07 4939 9663 or 0412 639 595 Email: wendyw@stursulas.qld.edu.au
Fitzpatrick Floor:	Supervisors' Phone: 07 4939 9656 Email: fitzpatrickfloor@stursulas.qld.edu.au
Houlihan Floor:	Supervisors' Phone: 07 4939 9625 Email: houlihanfloor@stursulas.qld.edu.au
Stanton Floor:	Supervisors' Phone: 07 4939 9657 Email: stantonfloor@stursulas.qld.edu.au
Health Centre	Ms Suzanne Iskov Phone: 07 4939 9601 (8am to 4pm Monday to Friday) Email: suzannei@stursulas.qld.edu.au
College Counsellor	Mrs Lisa Pyper (B. Social Work) Phone: 07 4939 9600 (8am to 3pm Monday to Friday) Email: lisap@stursulas.qld.edu.au
St Ursula's College	Student Reception/Main Office: 07 4939 9600 Email: ursulas@stursulas.qld.edu.au Mailing address: Use for letters to your daughter LMB 600 Yeppoon Queensland 4703 Street address: Use for parcels to your daughter 42-62 Queen Street Yeppoon Queensland 4703