



Alphington
GRAMMAR SCHOOL

Secondary Enrichment Programs

Semester 2 2023

ENRICHMENT PROGRAM

INTRODUCTION

The Enrichment Program in the Secondary School complements the broad, dynamic classroom curriculum, whilst also offering students the opportunity to immerse themselves in an array of character-building programs. We encourage all students to explore the many activities on offer, in order to broaden their knowledge, learn a new skill and get to know students from across different year levels.

The activities will span the areas of Music and Performing Arts, Dance, Sport, Games, Debating, STEM Club and many more.

All students in Years 7- 10 are expected to meet the minimum requirements for enrichment points each semester. Each student must accumulate 20 enrichment points per semester.

At the end of each academic year students will receive a **Certificate of Enrichment Achievement** by fulfilling their 20 co-curricular points per semester. A **Certificate of Enrichment Excellence** will be awarded to students who have obtained an excess of 50 co-curricular points per semester.

Students are expected to be engaged participants in their chosen activity, and in order to satisfy their enrichment tally of points an attendance rate of 90% must be maintained. The program will offer a bespoke experience for each student and an opportunity to develop lifelong skills.

SPORT PROGRAMS



RUNNING CLUB AND STRENGTH AND CONDITIONING

WHEN: WEDNESDAY AND FRIDAY 7.30AM TO 8.30AM

WHERE: AGS GYM

WHO: MS RAHME

10 POINTS

AGS is proud to be offering a Secondary Enrichment Program in collaboration with 4-time Olympic Distance Runner **Craig Mottram** and his foundation, elite wellbeing. The program will focus on target training, tailored wellbeing programs, and preparing students for athletics competitions where they can compete as registered athletes.

For any student looking for balanced sporting and wellness mentorship, a chance to refine their athletic capabilities, or the opportunity to learn from the best of the best, this program is not one to miss!

In addition to Running Club sessions, we will also be organizing Cross-Country trials to identify students who will represent our school in the interschool sports competition.

NBA FANTASY LEAGUE

WHEN: FRIDAY 7.30AM TO 8.30AM

WHERE: YEAR 7 HUB

WHO: MR DIVINY

10 POINTS

Have you ever dreamed of what it would be like to manage your own NBA team? NBA Fantasy League is a way to live out that dream. Real athletes and their real-life performances are used to generate points for fantasy teams in fantasy leagues.

Each week we will meet up to set up the league, draft players, trade players, watch NBA games and discuss the league leaderboard.



TENNIS CLUB

WHEN: EVERY TUESDAY 3.45PM TO 4.30PM

WHERE: TENNIS COURTS

WHO: MR STONE

10 POINTS

Come along and take part, whether you aspire to playing in the Australian Open in future or simply want to have a go. All levels welcome.

Racquets provided or bring your own. You will need to wear sports shoes to take part.

GIRLS SOCCER CLUB

WHEN: TUESDAY 3.45PM TO 4.15PM

WHERE: SOCCER PITCH

WHO: MR GREEN

10 POINTS

Join **Mr Green** for soccer club. A club designed for girls to help build their soccer skills and confidence on the soccer pitch.

This program will focus on the key skills of soccer but most importantly will focus on having fun! Whether you play soccer for a local club or have never played it in your life, this club is for you.

SOCIAL PROGRAMS



BOARD GAME CLUB

WHEN: TUESDAY 1.15PM TO 1.55PM

WHERE: ROOM B205

WHO: MR GREGORIADIS

10 POINTS

When people hear board games, their first thoughts are often Monopoly or Scrabble. In Board Game Club we are leaving these classics in the past. Modern board games have made huge leaps and bounds over the past 20 years. Casual or competitive, there is a board game for everyone

Sign up to Board Game Club and see what modern board games all are about.

PERSONAL DEVELOPMENT AND LIFE SKILLS

WHEN: TUESDAY 1.15PM TO 1.55PM

WHERE: ROOM L2 - LIBRARY

WHO: MRS YARNTON AND MR TOURNAKOS

10 POINTS

Are you interested in finding out more about make-up, skin, hair, and nail care? Do you freeze when asked to present an oral presentation or speak publicly? Do you wonder what piece of cutlery is used for each course? Do you wonder which type of perfume suits you? Do you wonder what clothing pieces and colours work best for you? If so, **Mrs Yarnton's** "Personal Development and Life Skills" is for you!

This 45-minute class will focus on helping you build confidence, improve your knowledge of etiquette and teach you how to apply beauty products effectively. At the end of the course, you will receive an authorised certificate that will be an asset on your résumé!



CHESS CLUB

Come and learn about one of the world's most ancient and beautiful games. Chess club comprises a coaching program (fees apply), casual lunchtime chess and interschool tournament participation (fees apply). Students are welcome to participate in any or all of these aspects of the program.

CHESS CLUB

WHEN: WEDNESDAY 1.15PM TO 1.55PM

WHERE: ROOM B216

WHO: MR WHITE AND MS NASH-FERRY

10 POINTS

NOTE: Just show up, all invited! Chess boards provided. Feel free to bring your lunch but please be tidy and take any rubbish with you.

CHESS COACHING

WHEN: TUESDAY 3.45PM TO 4.45PM

COST: \$100 PER TERM

WHERE: ROOM B216

WHO: MR WHITE

10 POINTS

NOTE: Note: Please email Max - mwh@ags.vic.edu.au - if you would like to participate.

DUNGEONS AND DRAGONS

WHEN: THURSDAY 3.45PM TO 4.30PM

WHERE: LIBRARY

WHO: MR PANARA

10 POINTS

Come and join your fellow adventures for the roleplaying fun of Dungeons and Dragons!



BOOK CLUB

WHEN: FRIDAY 1.15PM TO 1.55PM

WHERE: ROOM 211

WHO: MRS MARE

10 POINTS

Meet up and discuss our favorite books and genres. Have the opportunity to be the first to borrow new books and help select books for the library.

JUNIOR DEBATING PROGRAM

WHEN: TUESDAY 3.45PM TO 4.30PM

WHERE: IVANHOE GRAMMAR SCHOOL, B213

WHO: MISS MORWOOD AND MISS WACKROW

10 POINTS

Come and join **Miss Morwood** and **Miss Wackrow** for your chance to develop your debating skills. We will have lunchtime meetings every Tuesday lunchtime and then debates after school every other Tuesday night.

SENIOR DEBATING PROGRAM

WHEN: TUESDAY 1.15PM TO 1.55PM, DEBATE EVERY FEW THURSDAY NIGHTS

WHERE: WE DEBATE AT IVANHOE GIRL'S GRAMMAR SCHOOL AND MEET IN B213

WHO: MS WACKROW AND MISS MORWOOD

20 POINTS

Have you got a talent for public speaking or perhaps want to develop your skills further? Do you enjoy a good argument? Do you love getting involved in competitions? If so, Debate Club is for you!

Come along and join **Miss Morwood**, **Miss Wackrow**, and the Debating Association of Victoria for some rigorous debates as we go head-to-head with a variety of other schools.



LUNCH CLUB

WHEN: WEDNESDAY 1.15PM TO 1.55PM

WHERE: B102

WHO: DR HOCKEY

10 POINTS

Getting tired of all the small talk? Come have meaningful conversations with **Dr Hockey** and some like-minded peers at Lunch Club.

Here you can chat about what is on your mind, what you think of the latest news or social happenings or reflect on what really matters to you... Small group conversations are not always easy, but they are a good place to learn more about yourself.

RAINBOW ALLIANCE

WHEN: MONDAY 1.15 TO 1.55PM

WHERE: ROOM B211

WHO: MS MILBURN

10 POINTS

A club for anyone who wants a safe and supportive place to discuss, celebrate, support, and learn about all things LGBTQIA+.

SOCIAL JUSTICE CLUB

WHEN: MONDAY 1.15PM TO 1.55PM

WHERE: ROOM B213

WHO: MISS MORWOOD, MS WACKROW AND MR PANARA

10 POINTS

Come chat current issues both at school and in the world whilst we try and make positive change.

STEM PROGRAMS



ALPHINGTON ENVIRONMENT GROUP

WHEN: TUESDAY 1.15PM TO 1.55PM

WHERE: ROOM 210

WHO: MRS MARE

10 POINTS

The focus of the AGS Environment Group is students' concerns about their effects on the environment and the planet. The vision of the group is to empower students to make eco-friendly changes in their school community. The goal is to brainstorm environmental issues, determine projects and come up with action plans.

This group is a student-led group for students. There will be discussions, guest speakers, games and informative sessions that will empower you to think outside the box. Come and talk about your concerns or come and hear what your fellow students have to say about the environment and be a part of the unique solutions.

COSMOS CLUB

WHEN: MONDAY 1.15PM TO 1.55PM

WHERE: ROOM B102

WHO: MR DEAN BETTIOL

10 POINTS

The Cosmos Club is a vibrant hub where students come together to explore the mysteries of the universe. This club provides a nurturing environment for passionate individuals to share and discuss the latest scientific findings and theories about our cosmos. Students have the opportunity to capture awe-inspiring images of captivating interstellar objects, from distant galaxies to breathtaking nebulae. Through engaging conversations, lectures, and collaborative projects, the Cosmos Club fosters a sense of wonder, sparking intellectual curiosity and encouraging the pursuit of knowledge in the vast realm of space exploration.

CREATIVE PROGRAMS



GREEK RADIO THEATRE

WHEN: MONDAY 1.15PM TO 1.55PM

WHERE: ROOM B214

WHO: MS DIAKODIMITRIOU

10 POINTS

What better way to practise your Greek skills than through your involvement in the production of a Greek Radio Play? Join our multi age group to rehearse, record, edit and publish a Greek radio play.

CONCERT BAND

WHEN: MONDAY 8.15AM TO 9.00AM

WHERE: MUSIC DEPARTMENT

WHO: MS HILLS

10 POINTS

Do you play a woodwind or brass instrument? Well, this is the ensemble for you! Led by the amazing **Ms Hills** this ensemble will explore the music of big bands and popular music. We cater to all musical abilities and age groups, so come along and enjoy making music with your peers!

JAZZ BAND

WHEN: THURSDAY 8.15AM TO 9.00AM

WHERE: MUSIC DEPARTMENT

WHO: MR TOMISICH

10 POINTS

Come and join our fantastic Jazz Band, which is open to all students from Years 7 to 12. The band invites both vocalists and instrumentalists who have the desire to explore improvisation and performance in a group setting. We look forward to seeing you there!

ALPHINGTON DRUMLINE

WHEN: TUESDAY 1.15PM TO 1.55PM

WHERE: MUSIC DEPARTMENT

WHO: MR ROUSCH

10 POINTS

Have you ever wanted to learn drums or be a part of a marching band/drumline? Well look no further! You'll get the chance to learn how to play different drums, play songs, make new friends, and perform live at various AGS events.

We cater to all musical abilities, so beginners are encouraged to join. Drumline will rehearse once a week, so come on down and start your week off with a bang!

ROCK/ METAL BAND

WHEN: TUESDAY 3.45PM TO 4.30PM

WHERE: MUSIC DEPARTMENT

WHO: MR BAKER

10 POINTS

This ensemble is aimed at any music student with a passion for Rock, go's Grunge and Metal styles with a focus on improving and developing their technical proficiency on their instruments.

This is not for the faint hearted and will require strong dedication to your craft, your instrument and will test your allegiance to the Lords of Chaos \ml Learn, rehearse and perform Hard Rock and Heavy music in a group setting with fellow students from your year level abilities and age groups, so come along and enjoy making music with your peers!



YEAR 7 BAND

WHEN: FRIDAY 1.15PM TO 1.55PM

WHERE: MUSIC DEPARTMENT

WHO: MR BAKER

10 POINTS

Year 7 Band is an opportunity for all Year 7 students to socialise through music! During weekly rehearsals, students will be enhancing their playing and ensemble skills as well as getting to know their peers. All instruments and abilities are welcome!

YEAR 8 BAND

WHEN: TUESDAY 1.15PM TO 1.55PM

WHERE: C102 (STAGE)

WHO: MR KAPRALOS

10 POINTS

Do you love to play and sing music? Well look no further - **Mr. Kapralos** is hosting a weekly Year 8 band rehearsal with the aim of learning songs, building your musicianship and the best part is anyone can be involved!

There is no requirements and no minimum level of playing to be involved. We will be playing great music ranging from Pop, Rock, Hip-Hop and other modern and contemporary styles. Learn, rehearse and perform modern contemporary music in a group setting with fellow students from your year level.

YEAR 9 AND 10 BAND

WHEN: FRIDAY 1.15PM TO 1.55PM

WHERE: MUSIC DEPARTMENT

WHO: MR KAPRALOS

10 POINTS

Do you love to play and sing music? Well look no further - **Mr. Kapralos** is hosting a weekly Year 9 and 10 band rehearsal with the aim of learning songs, building your musicianship and the best part is anyone can be involved!

There is no requirements and no minimum level of playing to be involved. We will be playing great music ranging from Pop, Rock, Hip-Hop and other modern and contemporary styles. Learn, rehearse and perform modern contemporary music in a group setting with fellow students from your year level.





SENIOR BAND

WHEN: THURSDAY 1.15PM TO 1.55PM

WHERE: ROOM C103 (MUSIC CLASSROOM)

WHO: MR TOMISICH

10 POINTS

Have you always dreamed about being in a band and not known where to start? Ever wanted to cover your favourite bands but have no band to play with? Senior Band is for you!

In Senior Band, you'll get the opportunity to cover popular songs, play music with your peers, get more proficient on your instrument, and perform live at various AGS events.

ALPHINGTON CHORALE

WHEN: FRIDAY 8.15 TO 9.00AM

WHERE: C102 (STAGE)

WHO: MS LANG

10 POINTS

The Alphington Chorale is our premier senior singing ensemble and is open to students of all abilities and singing experience. The choir rehearses twice a week with the Head of Music and Performing Arts along with our voice teacher. We study a diverse range of choral repertoire and develop part singing and performance skills.

The choir performs regularly throughout the year at key school events, concerts and assemblies. This is a wonderful opportunity for students to enjoy singing with others from across year levels.

ALPHINGTON STRING PLAYERS

WHEN: MONDAY 8.15AM TO 9.00AM

WHERE: MUSIC DEPARTMENT

WHO: MR BAKER

10 POINTS

Do you play a violin, viola, cello or double bass? If so, come and join our ensemble and experience making music together, string music that blends and bends through the air. Classical, jazzy, gypsy, folkie and rocky, we can do it all.

Learn and rehearse pieces of music with other string players to perform at school-wide events.



SENIOR GREEK BAND

WHEN: FRIDAY 8.15AM TO 9.00AM

WHERE: ROOM C102 (STAGE)

WHO: MR KAPRALOS

10 POINTS

Love listening to and playing Greek Music? Join **Mr. Kapralos** to learn contemporary and traditional Greek music on any instrument. This band performs regularly at both school events and events within the Greek community. Enhance your technique, ensemble playing skills and knowledge of Greek music and culture every Friday morning. This band is open to and caters to all instrumental and vocal abilities and levels.

LATIN BAND

WHEN: MONDAY 1.15PM TO 1.55PM

WHERE: MUSIC DEPARTMENT

WHO: MR KAPRALOS

10 POINTS

Hola, Mi Amigos! The AGS Latin Band is back in Semester 2 and is preparing a repertoire that will surely get hips shaking from Alphington all the way down to the summer fiestas of the South Americas. Led by **Mr. Kapralos**, the ensemble will focus on developing the playing skills and technical proficiency of students of all abilities and encourage an environment that promotes inclusivity and above all - FUN! Learn, rehearse and perform Latin music in a group setting with fellow students from your year level.

FOLK BAND

WHEN: THURSDAY 3.45PM TO 4.30PM

WHERE: MUSIC DEPARTMENT

WHO: MR BAKER

10 POINTS

Do you want to sing campfire songs, learn simple dance tunes or re-imagine songs for acoustic instruments? If so, come, bring a friend and experience making music together. There is no note reading, learn by ear and tap into the mindfulness of playing simple tunes from memory. Come on folks, you know you want to! Learn and rehearse tunes and songs that could be played around the campfire.

TIMETABLE

Day	Before School 8.15AM to 9.00AM	Lunchtime 1.15PM to 1.55PM	After School 3.45PM to 4.30PM
Monday	<ul style="list-style-type: none"> • Concert Band • Alphington String Players 	<ul style="list-style-type: none"> • Social Justice Club • Latin Band • Greek Radio Theatre • Rainbow Alliance 	
Tuesday		<ul style="list-style-type: none"> • Board Game Club • Personal Development and Life Skills • Seniors Debating Program • Environmental Group • Alphington Drumline • Year 8 Band • Cosmos Club 	<ul style="list-style-type: none"> • Junior Debating • Tennis • Chess Coaching • Rock/ Metal Band • Girls Soccer Club
Wednesday	<ul style="list-style-type: none"> • Running Club and Strength and Conditioning 	<ul style="list-style-type: none"> • Casual Chess • Lunch Club 	
Thursday	<ul style="list-style-type: none"> • Jazz Band 	<ul style="list-style-type: none"> • Senior Band 	<ul style="list-style-type: none"> • Dungeons and Dragons • Folk Band • Senior Debating
Friday	<ul style="list-style-type: none"> • Alphington Chorale • Senior Greek Band • Running Club and Strength and Conditioning 	<ul style="list-style-type: none"> • Book Club • Year 9 and 10 Band • NBA Fantasy League • Year 7 Band 	